

αp

alpha Psychiatry

Formerly Anatolian Journal of Psychiatry

Volume 23
Issue 5
September 2022

AVES

alpha-psychiatry.com

EISSN 2757-8038

Editor in Chief

Okan Çaliyurt , MD


Department of Psychiatry, Trakya University School of Medicine, Edirne, Turkey
caliyurt@hotmail.com

Associate Editor

Wai Tong Chien , PhD

Nethersole School of Nursing, The Chinese University of Hong Kong Faculty of Medicine, Hong Kong, China
wtchien@cuhk.edu.hk


Editorial Board

Bao-Liang Zhong , MD, PhD

Department of Psychiatry, Affiliated Wuhan Mental Health Center, Tongji Medical College of Huazhong University of Science and Technology, Wuhan, Hubei Province, China
baoliangzhong@hust.edu.cn

Diane B. Boivin, MD, PhD


Department of Psychiatry, McGill University, Montreal, Canada
diane.boivin@douglas.mcgill.ca

Domenico De Berardis , MD, PhD

Department of Mental Health, Psychiatric Service of Diagnosis and Treatment, "G. Mazzini" Hospital, Teramo, Italy
domenico.deberardis@aslteramo.it

Drozdstoj Stoyanov , MD, PhD

Department of Psychiatry and Medical Psychology, Medical University of Plovdiv, Bulgaria
drozdstoy.stoyanov@mu-plovdiv.bg

Fernando Lolas Stepke , MD

Interdisciplinary Center for Studies in Bioethics, University of Chile, Santiago, Chile
flolas@uchile.cl

Francesco Bartoli , MD, PhD

Department of Medicine and Surgery, University of Milano Bicocca, Monza, Italy
francesco.bartoli@unimib.it

Geraldine Leader , PhD

School of Psychology, National University of Ireland, Galway, Ireland
geraldine.leader@nuigalway.ie

Gianluca Serafini , MD

Neuroscience DINOGMI, University of Genoa, IRCCS Ospedale Policlinico San Martino, Genova, Italy
gianluca.serafini@unige.it

Hans M. Koot , PhD

Department of of Clinical, Neuro and Developmental Psychology, Vrije Universiteit Amsterdam, Amsterdam, Netherlands
j.m.koot@vu.nl

Hsien-Yuan Lane , MD, PhD

Graduate Institute of Biomedical Sciences, College of Medicine, China Medial University (CMU), Taichung, Taiwan
hylane@mail.cmu.org.tw

Jerzy Leszek , MD, PhD

Department of Psychiatry, Medical University in Wroclaw, Poland
jerzy.leszek@umed.wroc.pl

John F Gottlieb , MD,

Department of Psychiatry and Behavioral Sciences, Feinberg School of Medicine, Northwestern University, Chicago, IL, USA
jgottlieb@northwestern.edu

Kenneth Blum , BSc, PhD

Graduate School of Biomedical Science, Western University Health Sciences, Pomona, CA, USA
drd2gene@gmail.com

Ki Woong Kim , MD, PhD

Department of Psychiatry and Behavioral Science, Seoul National University College of Medicine, Seoul, Korea
kwkimmd@snu.ac.kr



Founder
Ibrahim KARA

General Manager
Ali ŞAHİN

Editor
Bahar ALBAYRAK


Publications Directors
İrem SOYSAL
Gökhan ÇİMEN


Finance and Administration
Elif YILDIZ ÇELİK

Publication Coordinators
Arzu ARI
Deniz KAYA
Irmak BERBEROĞLU
Alara ERGİN
Hira Gizem FİDAN
Vuslat TAŞ
İrem ÖZMEN

Web Coordinators
Sinem Fehime KOZ
Doğan ORUÇ

Contact
Address: Büyükdere Cad.
105/9 34394
Şişli, İstanbul, Turkey
Phone: +90 212 217 17 00
E-mail: info@avesyayincilik.com


Köksal Alptekin , MD
Department of Psychiatry, Dokuz Eylül University
School of Medicine, İzmir, Turkey
koks.alptekin@deu.edu.tr

Massimo Pasquini , MD
Department of Human Neurosciences, Sapienza
University of Rome Faculty of Medicine and Dentistry,
Policlinico Umberto I, Rome, Italy
massimo.pasquini@uniroma1.it

Michel Bourin, MD
Department of Pharmacology, University of Nantes,
Nantes, France
Michel.Bourin@univ-nantes.fr

Michael Noll-Hussong , MD
Department of Psychosomatic Medicine and
Psychotherapy, Saarland University Medical Center
and Saarland University Faculty of Medicine, Homburg,
Germany
michael.noll-hussong@uks.eu

Mohammad Ahmadpanah , PhD
Department of Psychiatry, Hamadan University of
Medical Sciences, Hamadan, Iran
m1ahmad2000@gmail.com


Ng Chong Guan , MD, PhD
Department of Psychological Medicine, University of
Malaya Faculty of Medicine, Kuala Lumpur, Malaysia
chong_guan@um.edu.my


Om Prakash Singh, MD
Department of Psychiatry, NRS Medical College,
Kolkata, India
opsingh.nm@gmail.com

Seithikurippu R Pandi-Perumal, MSc.
Somnogen Canada Inc., College Street, Toronto,
Canada
pandiperumal2021@gmail.com


Ethics Editor


Berna Arda, MD, PhD
Department of History of Medicine and Medical Ethics,
Ankara University School of Medicine, Ankara, Turkey
arda@medicine.ankara.edu.tr

Seon-Cheol Park , MD, PhD
Department of Psychiatry, Hanyang University
College of Medicine, Seoul, Republic of Korea
psc76@hanyang.ac.kr


Sergio Machado , PhD
Postgraduate Program of Physical Activity Sciences,
Salgado de Oliveira University, Rio de Janeiro, Brazil
secm80@gmail.com

Shikha Verma, MD
Department of Psychiatry and Behavioral Health,
Rosaling Franklin University of Medicine and Science,
Illinois, USA
shikha.verma@rosalingfranklin.edu

Sinan Gülöksüz , MD, PhD
Department of Psychiatry and Neuropsychology,
Maastricht University Medical Center, Maastricht,
Netherlands
sinan.guloksuz@maastrichtuniversity.nl

Steven Taylor , PhD
Department of Psychiatry, University of British
Columbia, Vancouver, Canada
steven.taylor@ubc.ca

Xiaohua Liu, MD
Department of Psychiatry, Shanghai Mental Health
Center, Shanghai Jiaotong University School of
Medicine, Shanghai, China
drluxiaohua@gmail.com

Woojae Myung , MD
Department of Neuropsychiatry, Seoul National
University Bundang Hospital, Seoul, Republic of Korea
smbhealer@gmail.com

Biostatistics Editor

İlker Ercan, PhD
Department of Biostatistics, Uludağ University School
of Medicine, Bursa, Turkey
iercan@msn.com

AIMS AND SCOPE

Alpha Psychiatry is an international, scientific, open access periodical published in accordance with independent, unbiased, and double-blinded peer-review principles. It is an online-only journal owned by AVES and published biannually in January, March, May, July, September, and November. The publication language of the journal is English.

Alpha Psychiatry is a peer-reviewed general psychiatry journal. The aim of the journal is to contribute to science by publishing high quality publications of scientific and clinical significance. For this purpose, original research articles, invited reviews, debates, expert opinion on guidelines letters to the editor and editorial comments are published in all fields of psychiatry and other areas related to mental health.

The scope of the journal includes but not limited to all areas of psychiatry, basic and clinical neuroscience and behavioral sciences.

The target audience of the journal includes psychiatrists, mental health workers, neuroscientists and researchers who are interested or working in in all fields of medicine.

Alpha Psychiatry is currently indexed in Science Citation Index Expanded, PubMed Central, Scopus, Embase, PsycINFO, Proquest, EBSCO, Gale, Türk Psikiyatri Dizini, and TUBITAK ULAKBIM TR Index.

The editorial and publication processes of the journal are shaped in accordance with the guidelines of the International Committee of Medical Journal Editors (ICMJE), World Association of Medical Editors (WAME), Council of Science Editors (CSE), Committee on Publication Ethics (COPE), European Association of Science Editors (EASE), and National Information Standards Organization (NISO). The journal is in conformity with the Principles of Transparency and Best Practice in Scholarly Publishing (doaj.org/bestpractice).

Article Processing Charge (APC) and Waivers

No fees are requested from the authors during submission and evaluation process. All manuscripts must be submitted via the online submission system, which is available at www.alpha-psychiatry.com. The journal guidelines, technical information, and the required forms are available on the journal's web page.

As of February 9, 2022, Alpha Psychiatry receives a 690 USD (including taxes) article processing charge (APC) for original research articles. Letters to the editor and invited reviews are not charged an APC. Upon the acceptance of the manuscript, authors should transfer the payment to the account that is stated in the acceptance letter. Following the transfer, please send your receipt of payment to info@alpha-psychiatry.com.

Alpha Psychiatry offers APC waivers to the manuscripts whose corresponding authors are based in countries classified by the World Bank as low-income economies as of July 2020. You may access the list via www.worldbank.org.

Alpha Psychiatry also considers discretionary APC waiver requests for authors with the aim of promoting the highest standards of scientific exchange and supporting high-quality researches. Requests for APC waivers and discounts will be considered on a case-by-case basis, and may be granted in cases of financial need. All applications for discretionary APC waivers should be made prior to or at the point of manuscript submission. Requests made during the review process or after acceptance are not eligible for consideration. For waiver requests, please contact info@alpha-psychiatry.com.

Please note that all submissions are evaluated by the Editorial Board and the external reviewers in terms of scientific quality and ethical standards. APC payments have not any effect on the outcome of the article's evaluation and/or publication priority.

Open Access Statement

Alpha Psychiatry is an open access publication, and the journal's publication model is based on Budapest Open Access Initiative (BOAI) declaration. All published content is available online, free of charge at www.alpha-psychiatry.com. Authors retain the copyright of their published work in the Alpha Psychiatry. The journal's content is licensed under a Creative Commons Attribution-NonCommercial (CC BY-NC) 4.0 International License which permits third parties to share and adapt the content for non-commercial purposes by giving the appropriate credit to the original work.

Advertisement Policy

Potential advertisers should contact the Editorial Office. Advertisement images are published only upon the Editor-in-Chief's approval.

Disclaimer

Statements or opinions expressed in the manuscripts published in the journal reflect the views of the author (s) and not the opinions of editors, editorial board, and/or publisher; the editors, editorial board, and publisher disclaim any responsibility or liability for such materials.

You can find the current version of the Instructions to Authors at: <https://alpha-psychiatry.com/en/instructions-to-authors-106>

Editor in Chief: Okan Çalıyurt

Address: Trakya University School of Medicine, Department of Psychiatry, Balkan Campus, 22030, Edirne, Turkey

E-mail: caliyurt@hotmail.com

Publisher: AVES

Address: Büyükdere Cad., 105/9 34394 Şişli, İstanbul, Turkey

Phone: +90 212 217 17 00

E-mail: info@avesyayincilik.com

CONTENTS

Review

- 212** Metacognitive Therapy in Patients with Obsessive-Compulsive Disorder: A review
Murad Atmaca

Systematic Review

- 217** Falls Among Psychiatric Inpatients: A Systematic Review of Literature
Arnout Carpels, Lynn de Smet, Siska Desplenter, Marc de Hert

Original Articles

- 223** Brief Virtual Reality Exposure Therapy and Its Effects on Negative and Positive Emotions Among Healthy Working Adults: A Feasibility Study
Asma Assa'edah Mahmud, Hazli Zakaria, Mohd Zaliman Mohd Yusoff, Nik Ruzyanei Nik Jaafar, Azlin Baharudin, Azmi Mohd Tamil
- 230** Validation of the Somatic Symptom Disorder-B Criteria Scale for Adults in South Korea
Young-Jin Lim

Editorial Comment

- 235** Commentary: Validation of the Somatic Symptom Disorder-B Criteria Scale for Adults in South Korea
Ng Chong Guan, Aya Ahmed Abousheishaa

Original Articles

- 237** Norm and Standardization Study for Naglieri Nonverbal Ability Test, 5-9 Age Group
Sevinc Zeynep Kavruk, Ahmet Bildiren
- 243** Personality Characteristics, Anxiety Sensitivity, Anxiety, and Depression Levels on Patients Diagnosed with Psychogenic Pruritus
Aslı Kazgan Kılıçaslan, Sevler Yıldız, Osman Kurt, Murad Atmaca
- 253** Optical Coherence Tomography Angiography in Schizophrenia
Mehmet Hanifi Kokaçya, Ayşe İdil Çakmak

Letter to the Editor

- 262** Nature and Mental Health—Birding is a Proven Solution
Piotr Tryjanowski, Sławomir Murawiec, Ramon Grimalt